

## All Is Peace

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Am Am  
In the middle of a crowd

Am E  
In a busy world

E Am  
I find rest while breathing in

Am E7 Am E  
I let go while breathing out

E Am  
When it's noise all around

Am E  
and voices loudly heard

E Am E E  
We listen to the silence in between

E Am  
When I do my daily work

Am E  
completely occupied

E Am  
I sense I'm being here

Am E  
I am

E Am  
I am peace in every now

Am E  
Peace is all I am

E Am  
Peace is spreading out

Am E E Am Am E Am E  
All is peace peace All is peace All is peace All is peace All is peace

